

	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
(3) 3	3 News (N)	ET (N)	Chicago Med "Altered States"	Chicago Fire "Exit Point"	Chicago P.D. "On the Way"	3News at (N)	(:35) J. Fallon				
(5) 5	News (N)	Hollywood	Who Wants to Be (N) (SP)	Shifting	Shifting	Shifting	Shifting	News 5 (N)	(:35) J. Kimm		
(8) 8	Fox 8 News	Family Feud	MasterChef (N)	Nation's Dumbest (N)	Fox 8 News at 10:00pm (N)	Big Bang	Two Half Men				
19 11	Wheel	Jeopardy! (N)	Big Brother "Episode 7" (N)	Survivor "Did You Vote for a Swap?"	19 News at	(:35) Comics					
21 4	Inside (N)	Family Feud	Chicago Med "Altered States"	Chicago Fire "Exit Point"	Chicago P.D. "On the Way"	News (N)	(:35) J. Fallon				
27 6	Wheel	Jeopardy! (N)	Big Brother "Episode 7" (N)	Survivor "Did You Vote for a Swap?"	First News	(:35) Comics					
33 7	33 at 7 (N)	ET (N)	Who Wants to Be (N) (SP)	Shifting	Shifting	Shifting	Shifting	News Chan.	(:35) J. Kimm		
43 9	19 News at	19 News First	Dateline "Noises in the Night"	19 News at 9 PM	News	(:45) Sports	Dateline				
45 2	PBS News Hour (N)	Nature	NOVA "Chasing Pluto"	Bugs That Rule "Lifegivers"	Amanpour and Company (N)						
62 10	Big Bang	Big Bang	MasterChef (N)	Nation's Dumbest (N)	First News on Fox (N)	Seinfeld	Seinfeld				
A&E	Arrest	Arrest	Arrest	Arrest	Arrest (N)	Arrest (N)	Swamp (N)	Swamp (N)	(:05) Swamp	(:35) Swamp	
AMC	🌟🌟🌟 Pearl Harbor '01 Josh Hartnett, Kate Beckinsale, Ben Affleck.						🌟🌟🌟 Troy '04 Eric Bana, Orlando Bloom, Brad Pitt.				
ANPL	Afraid "Fallen Farmer"		Naked and Afraid "Kalahari Cold Front"		Naked and Afraid "Legends and Rookies"						
BET	Celebrity Family Feud		The Oval "A Woman Scorned"		Tyler Perry's The Oval (N)		OG Stories	OG Stories	OG Stories	The Oval	
BRAVO	The Valley "Balls Voyage"		The Valley "Guilt Tripping" (N)		Next Gen NYC "Brooklyn Horror Story" (N)		🌟🌟🌟 Bad Moms '16 Kristen Bell, Mila Kunis				
CBSSN	(6:00) 2026 SB..		USL Championship Soccer			2026 SBD World's Str Part 4		2026 SBD World's Str Part 5		2026 SBD World's Str Final	
CMT	Mama's	Mama's	Reba	Reba	Reba	Reba	Reba	Reba	Golden Girls	Golden Girls	
CNBC	Shark Tank		Shark Tank		Shark Tank		WNBA Basketball Dallas Wings at Portland Fire (N) (Live)				
CNN	E. B. OutFront (N) (Live)		Cooper 360 (N) (Live)		The Source With (N) (Live)		CNN NewsNight (N) (Live)		Laura Coates Live (N) (Live)		
COM	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Daily Show	(:35) FamilyGuy	
DISC	Expedition Unknown		Expedition Unknown		Expedition Unknown (N)			Expedition Unknown			
E!	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	🌟🌟🌟 Easy A '10 Penn Badgley, Emma Stone.				
ESPN	Baseball Tonight		MLB Baseball (N) (Live)						SportsCenter (N) (Live)		
ESPN2	Little League Softball			(:45) Softball West Region, Game 9: Teams TBA (N) (Live)				Football (N)		NFL Live	
FDOH	AAPB Cleburne Railroaders at Fargo-Moorhead RedHawks				AAPB Chicago Dogs at Fargo-Moorhead RedHawks (N)			United Fight UFA 485			
FNC	Ingraham (N) (Live)		Jesse Watters (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News at Night (N) (Live)		
FOOD	Grocery "Dinner for Dollars"		Grocery "Masters of Cheese"		Guy's Grocery Games (N)		Kitchen (N)	Kitchen (N)	Guy's Grocery Games		
FREE	(6:30) 🌟🌟🌟 The Proposal '09 Sandra Bullock.		Million "The King of Ibiza" (N)		Dollar Nannies (N) (SF)		The 700 Club				
FX	(6:00) 🌟🌟🌟 National Treasure '04 Nicolas Cage.				🌟🌟🌟 National Treasure: Book of Secrets '07 Jon Voight, Harvey Keitel, Nicolas Cage.						
GOLF	Golf's Gre (N) Golf's Gre (N)		Highlights	Highlights	Highlights	Highlights	The Smylie Show		Vanity Index Podcast		
HALL	(6:00) 🌟 Christmas at the Catni...		🌟 Snowbound for the Holidays '26 Vanessa Lengies.				Golden Girls	Golden Girls	Golden Girls	Golden Girls	
HGTV	Crashers		Ugliest House in America		Renovation Resort (N)		Worst (N)	Worst (N)	Hunters	Hunters	
HIST	Alone "Cold Omen"		Alone "Thin Margins"		Alone "Balancing Act" (N)		(:35) Forged in Fire (N)		(:35) Alone		
HN	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	
ION	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		
LIFE	Rizzoli & Isles "Gumshoe"		Rizzoli & Isles "In Plain View"		Rizzoli "Bite out of Crime"		(:05) Rizzoli "Family Matters"		(:05) Rizzoli "The Platform"		
MSNBC	The Weeknight (N) (Live)		All in With Chr. (N) (Live)		The Briefing (N) (Live)		Last Word (N) (Live)		The 11th Hour With (N) (Live)		
MTV	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	
NGEO	Gladiators: Warriors		Pompeii: O "Tremors" (N) (P)		Pompeii: O "Eruption" (N)		Pompeii: O "Survival" (N)		Pompeii: O "Tremors"		
NICK	Friends		Friends		Friends		Friends		Friends		
OXY	(6:00) Dateline: Secrets		Dateline: Secrets Uncovered "The Last Walk" (N)				Dateline "The Last Weekend"		Dateline "The Last Walk"		
PARMT	(6:00) 🌟🌟🌟🌟 Top Gun '86 Tom Cruise.			🌟🌟🌟🌟 Top Gun: Maverick '22 Miles Teller, Jennifer Connelly, Tom Cruise.						🌟 Top Gun	
SYFY	(5:00) 🌟 Red 2		🌟🌟 The Ministry of Ungentlemanly Warfare '24 Henry Cavill.				The Ark		The Ark		
TBS	Big Bang	Big Bang	All Elite Wrestling: Dynamite (N) (Live)				The Office	The Office	The Office	The Office	
TCM	(6:15) 🌟 Forbidden Planet		🌟🌟🌟 The Thomas Crown Affair '68 Steve McQueen.				🌟🌟🌟🌟 In the Heat of the Night '67 Sidney Poitier.				
TLC	Most Ext. "Face to Face"		Most Extreme Humans		Most Extreme Humans (N)		Save My Skin (N)		Save My Skin		
TNT	(5:30) 🌟 Kong: Skull Island		🌟🌟🌟 Furious: A Mad Max Saga '24 Chris Hemsworth, Tom Burke, Anya Taylor-Joy.				🌟🌟 Aquaman '18				
TOON	Burgers	Burgers	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	
TRAV	Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal Caught on Cam.		
TRU	🌟🌟🌟 Semi-Pro '08 Woody Harrelson, Will Ferrell.				Dunkman Group Stage A		🌟🌟🌟 Moneyball '11 Jonah Hill, Brad Pitt.				
TVL	Raymond	(:35) Raymond	(:10) Raymond	(:45) Raymond	(:20) Everybody Raymond		(:55) Raymond	Raymond	King	King	
USA	(6:30) 9-1-1		WNBA Basketball Connecticut Sun at Indiana Fever (N) (Live)				WNBA Basketball Dallas Wings at Portland Fire (N) (Live)				
VH1	My Wife		Wild 'n Out		Wild 'n Out		Wild 'n Out		🌟🌟🌟 Colombiana '11 Zoe Saldaña.		
WE	NCIS "Shell Shock, Part II"		NCIS "Gone"		NCIS "Devil's Trifecta"		NCIS "You Better Watch Out"		NCIS "Shabbat Shalom"		
DISN	Big City	Big City	Phineas	Phineas	Place	Phineas	Phineas	Kiff	Ladybug	Ladybug	
FLIX	(6:25) 🌟🌟🌟 Friday the 13th		🌟🌟🌟 Paranormal Activity '07			🌟🌟🌟 The Ring '02 Martin Henderson, Naomi Watts.			🌟 Scream 2		
HBO	(6:20) 🌟 Pillion '25		(:10) Life	(:50) House of the Dragon			🌟 Marc by Sofia '25			Movie	
HBO2	(6:35) 🌟 They Will Kill You		(:10) 🌟 Pillion '25 Harry Melling, Alexander Skarsgård.				(:55) Life	Life	🌟🌟 How to Make a Killing		
HBO3	The Leftovers "Axis Mundi"		(:05) The Leftovers		The Leftovers "Off Ramp"		(:55) Leftovers	(:55) The Leftovers		(:50) Leftovers	
MAX	(6:35) 🌟🌟 Red Riding Hood		(:15) 🌟🌟🌟 Pacific Rim Uprising '18 John Boyega.				(:10) 🌟🌟🌟 Valerian and the City of a Thousand Planets				
PARSHO	(6:15) 🌟🌟🌟 Faster '10		🌟🌟🌟 The Expendables '10			(:45) 🌟🌟🌟 The Expendables 2 '12 Sylvester Stallone.		🌟 Mechanic			
SHOW2	(6:00) 🌟🌟🌟 The Gunman		🌟🌟🌟 No Country for Old Men '07 Tommy Lee Jones.				(:05) 🌟🌟🌟🌟 Django Unchained '12 Jamie Foxx.				
STARZ	(:10) 🌟🌟🌟 Now You See Me: Now You Don't '25				(:05) 🌟🌟🌟🌟 The School of Rock '03 Jack Black.			(:55) 🌟🌟🌟 Nacho Libre '06			
STZENC	Movie		(:35) 🌟🌟🌟 Booty Call '97 Jamie Foxx.		🌟🌟🌟 Runaway Bride '99 Richard Gere, Julia Roberts.			🌟 Jack Ryan: Shadow Recruit			